

Are you worried that an adult is being neglected or abused, or you need help yourself?

Say something.

For all ways to report abuse or neglect visit
www.tsab.org.uk/report-abuse

I'm worried.

See 👁️ Hear 👂 Feel ❤️
something is wrong?
Say something.

Who can I talk to?

You can contact your **Local Adult Social Care team**

Hartlepool:	01429 523 390
Middlesbrough:	01642 065 070
Redcar & Cleveland:	01642 771 500
Stockton-on-Tees:	01642 527 764
Evenings & Weekends:	01642 524 552

Call Cleveland Police 101 or **999** in an emergency

It is good to know there is someone I can talk to.

You are not alone. ❤️



Scan me