

# Are you concerned that you or the person you are caring for is experiencing or at risk of abuse or neglect?

Call your local Adult Social Care Team

Hartlepool: 01429 523 390


Middlesbrough: 01642 065 070

Redcar & Cleveland: 01642 771 500

Stockton-on-Tees: 01642 527 764

Evenings & Weekends: 01642 524 552

Call Cleveland Police 101 or 999 in an emergency



**Safeguarding  
is everyone's  
business**

Keeping people safe  
Protecting someone  
Responsibility to protect others  
Protecting people from abuse and neglect  
It is everyone's business  
Being the voice  
Protecting people from harm and abuse  
Able to flourish

Vulnerable  
Protecting from abuse and harm  
To make sure both of us [carer and cared for] are safe  
Ensuring adults and children are safe from abuse and neglect

Rights  
Safety  
Knowing safe boundaries  
Recognise and report  
Protection  
Making sure everyone is ok  
What is right and what is safe  
Security  
Looking after someone

With thanks to Carers in South Tees who shared what Safeguarding means to them

[www.tsab.org.uk/report-abuse/](http://www.tsab.org.uk/report-abuse/)



**WE CARE  
YOU CARE.**

