

# TSAB Newsletter

## May 2023



## News from TSAB

Since our last newsletter, TSAB has met face to face for the annual development session and virtually on 7 March and 19 April for scheduled Board meetings. Minutes are published on the [TSAB Website](#) retrospectively following sign-off at the next meeting.

Agenda highlights included:

- Reviewing the TSAB Strategic Plan for 2022-25 and developing the Business Plan actions for 2023-24.
- Overview of how the Tees Valley Voluntary, Community and Social Enterprise Sector (VCSE) can enhance the work of the TSAB
- Overview from the Board's Performance and Quality Sub-Group on the Q3 2022/23 Performance Report
- A presentation from the Independent Author of the Adult K Safeguarding Adult Review (SAR) Report highlighting the learning across Tees as well as best practice. (See below for more details)

## What's New from TSAB

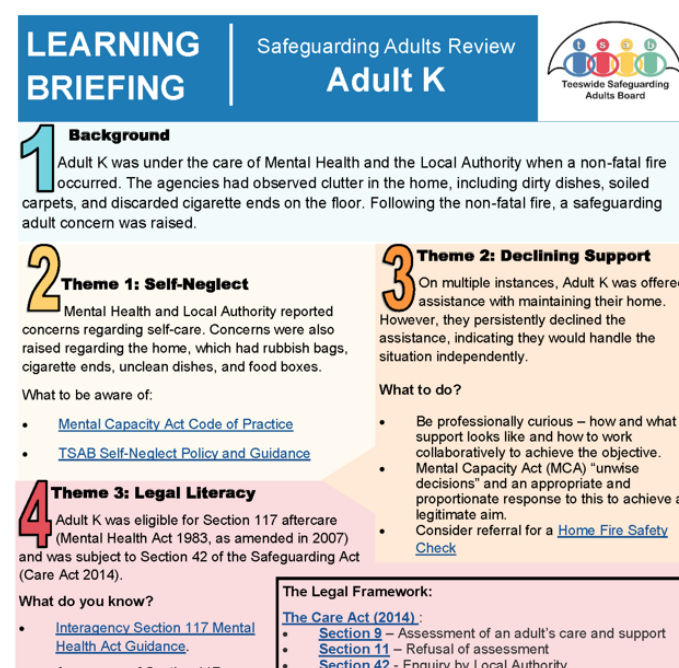
Since our February 2023 Newsletter we have published:

The [Adult K Executive Summary and Learning Briefing](#). Adult K received home visits from mental health services and adult social care. During these visits practitioners observed fire risks, including discarded cigarette ends on the floor, empty food boxes, dirty dishes and black rubbish bags. Adult K was involved in a non-fatal fire at their home.

The SAR looks at how services worked together to support Adult K and highlighted the following themes:

- ✓ Self-Neglect, hoarding and clutter
- ✓ Impact of Covid-19 and declining support
- ✓ Legal Literacy and Safeguarding; Mental Health Act (particularly Section 117 Aftercare), Care Act 2014 and Mental Capacity Act 2005
- ✓ Making Safeguarding Personal

Organisations are encouraged to read the Executive Summary Report and Learning Briefing (linked above) to consider and apply the learning to their own practice.



**LEARNING BRIEFING** | Safeguarding Adults Review **Adult K**

**1 Background**  
Adult K was under the care of Mental Health and the Local Authority when a non-fatal fire occurred. The agencies had observed clutter in the home, including dirty dishes, soiled carpets, and discarded cigarette ends on the floor. Following the non-fatal fire, a safeguarding adult concern was raised.

**2 Theme 1: Self-Neglect**  
Mental Health and Local Authority reported concerns regarding self-care. Concerns were also raised regarding the home, which had rubbish bags, cigarette ends, unclean dishes, and food boxes.

**3 Theme 2: Declining Support**  
On multiple instances, Adult K was offered assistance with maintaining their home. However, they persistently declined the assistance, indicating they would handle the situation independently.

**4 Theme 3: Legal Literacy**  
Adult K was eligible for Section 117 aftercare (Mental Health Act 1983, as amended in 2007) and was subject to Section 42 of the Safeguarding Act (Care Act 2014).

**What to be aware of:**

- [Mental Capacity Act Code of Practice](#)
- [TSAB Self-Neglect Policy and Guidance](#)

**What to do?**

- Be professionally curious – how and what support looks like and how to work collaboratively to achieve the objective.
- Mental Capacity Act (MCA) "unwise decisions" and an appropriate and proportionate response to this to achieve a legitimate aim.
- Consider referral for a [Home Fire Safety Check](#)

**The Legal Framework:**

**The Care Act (2014):**

- [Section 9](#) – Assessment of an adult's care and support
- [Section 11](#) – Refusal of assessment
- [Section 42](#) – Enquiry by Local Authority

Following the review TSAB would like to remind everyone that if you're not sure how fire-safe your home is, it's OK to ask for help.

As part of Cleveland Fire brigades commitment to protecting local communities, they offer everyone in Cleveland a [FREE home safety visit](#).

You can contact a member of their team on 01429 874063 or [click here to request one](#).



## What's New from TSAB continued.....

We have also refreshed our:

- [Incident Between Residents Training Resource](#)
- [Making Safeguarding Personal Guidance](#)
- [Preventing Adult Abuse and Neglect Leaflet](#)
- [Protecting Adults From Sexual Abuse and Sexual Exploitation Leaflet](#)

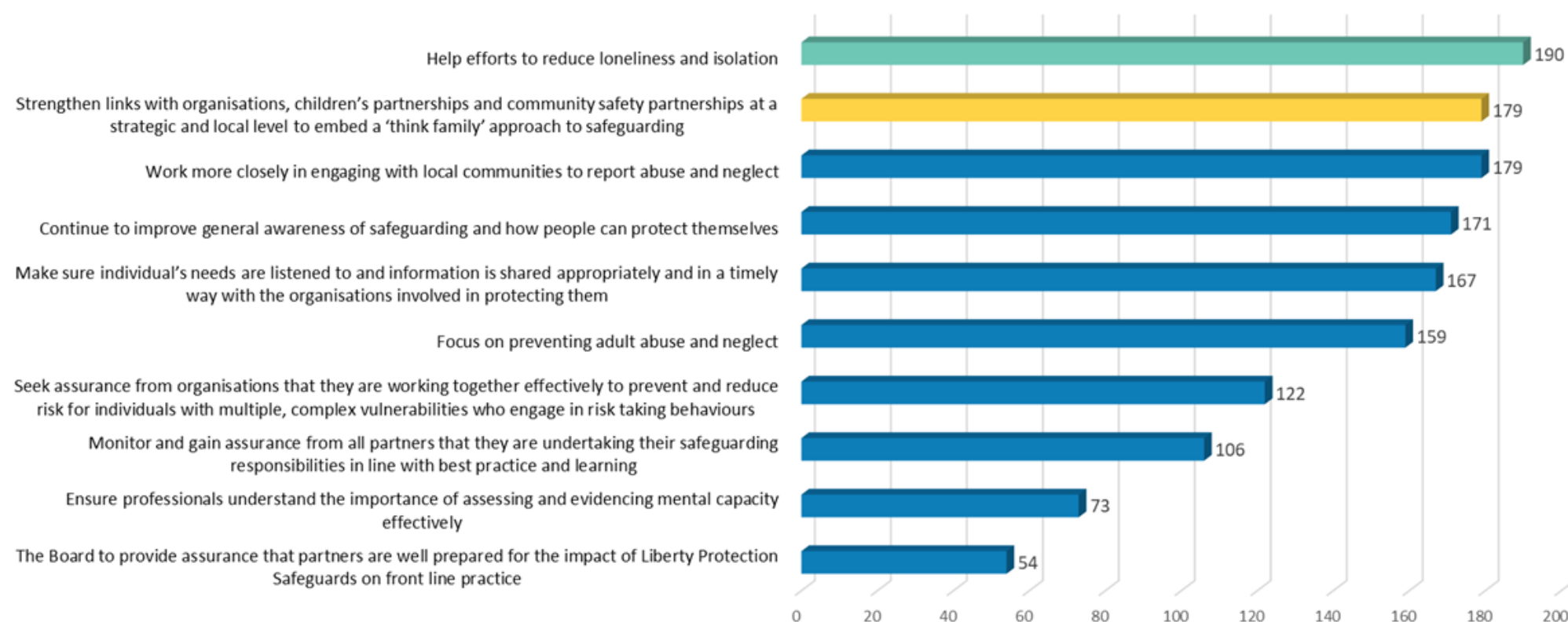
All of [TSAB's Policy, Procedures and Guidance documents](#) can be found on our dedicated webpage.

## Annual Survey Results 2022-23

The Board's Annual Survey 2022-23 was completed by **414** members of the general public and professionals. Thank you to those who completed it. The feedback from each survey has been collated to provide an overall view, illustrated below. The results will help the Board to develop the TSAB Business Plan for 2023-24. Further detailed analysis will be published as part of the Annual Communication and Engagement Report in June.



What should the Board's Priorities be for 2023-24?



## Local / National News

**Clare's Law** is a national Domestic Violence Disclosure Scheme, anyone can apply for a disclosure if you have concerns about your partner, or the partner of a friend or family member, who you suspect has a history of violence or abuse.



Did you know that you can now make an [online application](#) for a Clare's Law disclosure. Cleveland Police can disclose information to you about your partners previous abusive or violent offending and help you make an informed decision about your relationship and offer any support or advice that you may need. The service is free and 100% confidential – your partner would NOT be made aware that you have applied for any information.

If you would like further information you can read our refreshed [Clare's Law Guidance](#)



## Spotlight on Trauma Informed Practice

A 'Spotlight on' Trauma Informed Practice Campaign was held during March 2023 in order to raise awareness and increase understanding. TSAB shared useful resources, learning briefings, videos and good practice examples across the week on social media as well as sharing a comprehensive resource pack with partners to share within their own organisations.

### What is Trauma Informed Practice?

Trauma-Informed Practice aims to increase practitioners' awareness of how trauma can negatively impact on individuals and communities, and their ability to feel safe or develop trusting relationships with health and care services and their staff.

Trauma-Informed Practice acknowledges the need to see beyond an individual's presenting behaviours and to ask. 'What does this person need?' rather than 'What is wrong with this person?'

### What does a Trauma Informed Service Look Like?

If a service says it is trauma-informed, this means all staff should follow principles such as:

- ✓ understanding how trauma can affect people, including how mental health problems can be reactions to trauma
- ✓ asking sensitively about past trauma, and offering appropriate support if this is disclosed
- ✓ being aware of the potential for mental health services to cause harm if delivered without trauma awareness
- ✓ understanding an individual's strengths and recognising what has helped them survive and cope
- ✓ being trustworthy, transparent and involving the individual in their care



### Trauma Informed Champions Initiative

The campaign included a Trauma Informed Practice Briefing Session which was delivered by Amanda Chalmers - Trauma Lead for South Tees.

The trauma informed champion's initiative is the longevity of trauma informed practice within adult services throughout South Tees. The champions can shift culture from within, look at systems through a trauma lens and bring this way of working into their service by following the principles of trauma-informed care.

The aim of the champions programme is to equip a group of staff members with the attitude, behaviours and confidence to be able to work with service users and staff using a trauma informed approach. Through trauma informed care training and by having ongoing mentoring provided, they will understand how to see situations through a trauma lens. The champions will be trained to provide brief interventions and effective change techniques to clients who are identified as having symptoms of trauma and other restricting emotional, social and psychological issues.



*"I have thoroughly enjoyed every minute of this training. I have had so many lightbulb moments where I have made sense of my own thoughts and feelings as well as thinking about how I can help the people I am currently supporting. I am looking forward to using these new techniques on a regular basis."*  
Haylea—Changing Futures Keyworker and Trauma-Informed Champion

## Trauma Informed Champions Initiative continued...

There are now 17 Trauma-Informed Champions within services across South Tees, they are enabling culture and system change from within. For more information on the Trauma Informed Champions initiative for South Tees contact: Amanda Chalmers at [Amanda\\_Chalmers@middlesbrough.gov.uk](mailto:Amanda_Chalmers@middlesbrough.gov.uk)

## Resources

To support the week and raise awareness we published a new Trauma Informed Practice fact sheet for both professionals and the general public, along with highlighting existing guidance these included:

[Trauma Informed Practice Fact Sheet](#)

[E-Learning on Trauma Informed Practice](#)

[Molly Learning Briefing](#)

[Molly Recorded PowerPoint Presentation](#)

[Trauma Informed Practice Learning Event – Resources \(2021\)](#)

[Introduction to ACE's Early Trauma Online Learning](#) (Office for the Police and Crime Commissioner West Midlands)

## Reporting Abuse and & Neglect

If you need to report a [Safeguarding Concern](#), please ensure that you are using the most up to date Concern Form which can be found via our website. [Example Concern Forms](#) are available for a number of categories of abuse, which can also be used as a training tool.

## Good News Story

Cleveland Police has taken steps to ensure the deaf community can contact the force in a way that makes it more accessible.

British Sign Language (BSL) users can now use SignLive to contact Cleveland Police when it's not an emergency. It is to be used like the 101 non-emergency telephone number, to report crimes or incidents which have happened in the past, or for providing information to the police about issues affecting communities.



SignLive is a free service that will connect callers to a qualified online BSL interpreter. The interpreter will relay the conversation between the caller and Cleveland Police, helping them to report a crime or incident in an accessible way.

The SignLive app can be downloaded via a mobile phone or tablet or via — [Download & Login - SignLive](#)

Please visit the [Cleveland Police Website](#) for more information and to view the video in full

# TSAB Training Courses Spring 2023

**Request your place via the TSAB Website:**

<https://www.tsab.org.uk/events-key-dates/>

<b>Section 42 Enquiry Training – Level 1</b>	The course aims to increase the knowledge of practitioners and managers who work with adults at risk in the purpose and function of a safeguarding enquiry, and to improve skills and confidence for conducting a safeguarding enquiry	<b>Format:</b> 1 Day – Face to face  <b>Venue:</b> River Tees Watersports Centre  <b>Course Date:</b> 20 <sup>th</sup> June 2023
<b>Modern Day Slavery</b>	Delivered by Hope for Justice the course will explain what Human Trafficking and Exploitation is, identify the different types that exist, help delegates to recognise the signs and indicators and how to respond appropriately.	<b>Format:</b> 1 x Half Day webinar session  <b>Course Date:</b> 22 <sup>nd</sup> June 2023 (am)
<b>Section 42 Enquiry Training – Level 2</b>	The content is suitable for professionally qualified and experienced staff involved with adults at risk who may be required to lead a complex safeguarding enquiry, which may include those where Court of Protection proceedings may be likely, where there may be a police investigation or in situations where there is institutional abuse. It is expected that delegates will already be undertaking enquiries	<b>Format:</b> 1 Day - Face to face  <b>Venue:</b> River Tees Watersports Centre  <b>Course Date:</b> 27 <sup>th</sup> June 2023
<b>Adult Sexual &amp; Criminal Exploitation</b>	The course is aimed at adult social care staff and multi-agency workers. It will help delegates understand what Adult Sexual and Adult Criminal Exploitation is, how vulnerable adults are targeted and multi-agency practice and responsibilities	<b>Format:</b> 1 x Full Day webinar session  <b>Course Dates:</b> 28 <sup>th</sup> June 2023
<b>Safeguarding Adults Training for Managers of Services</b>	The course aims to equip managers of services to be confident in their role of preventing and responding to abuse and neglect, applying the Mental Capacity Act (MCA) and Deprivation of Liberty Safeguards (DoLS) legislation and managing safe services.	<b>Format:</b> 2 Day – Face to face  <b>Venue:</b> River Tees Watersports Centre  <b>Course Dates:</b> 4 <sup>th</sup> & 5 <sup>th</sup> July 2023



<b>Safeguarding Vulnerable Dependent Drinkers</b>	Facilitated by Alcohol Change UK. The course aims to encourage and enable to use legal frameworks to manage and protect chronic dependent drinkers.	<b>Format:</b> 1 x Half day webinar session  <b>Course Dates:</b> 10th July 2023 (pm)
<b>Safeguarding &amp; Self-Neglect</b>	The course aims to increase knowledge about Self-neglect, the impact that it can have on an individual and to increase understanding and confidence in the use of Local Risk Management policies.	<b>Format:</b> 2 x Half day webinar sessions  <b>Course Dates:</b> 11 <sup>th</sup> & 18 <sup>th</sup> July 2023
<b>Making Safeguarding Personal</b>	The course aims to equip practitioners and managers who work with adults at risk with the knowledge, skills and confidence, to ensure that all Safeguarding interventions are person centered, and include the person (or their advocate) in identifying and achieving their desired outcome.	<b>Format:</b> 2 x Half day webinar sessions  <b>Course Dates:</b> 12 <sup>th</sup> & 19th September 2023
<b>Adult Safeguarding - Essential Legal Literacy</b>	To refresh knowledge and ensure a secure foundation of legal literacy for Safeguarding Adults work	<b>Format:</b> 1 x 2 Hour webinar session  <b>Course Date:</b> 18 <sup>th</sup> September 2023 (am)
<b>Adult Safeguarding in a Multi-Agency Context</b>	To refresh and develop legal literacy around multi-agency working in the Safeguarding Adults context	<b>Format:</b> 1 x 2 Hour webinar session  <b>Course Date:</b> 18 <sup>th</sup> September 2023 (pm)
<b>Aftercare under s.117 Mental Health Act</b>	To support staff in understanding s.117 responsibilities	<b>Format:</b> 1 x 2 Hour webinar session  <b>Course Date:</b> 21st September 2023 (am)

## Dates for the Diary

- ✓ **LGBT Domestic Abuse Awareness Day**— 28 May 2023
- ✓ **Carers Week**— 5 – 11 June 2023
- ✓ **World Elder Abuse Day**— 15 June 2023
- ✓ **Learning Disability Week**—19 – 25 June 2023



## TSAB Events

TSAB are supporting a Safeguarding awareness session with the Voluntary, Community and Social Enterprise (VCSE) sector in June. VCSE colleagues please visit your local VCSE communication channels for more details.

TSAB are also planning to host a virtual event for Safeguarding Champions in July. If you would like to know more about being a Safeguarding Champion and sign up please visit our [dedicated Safeguarding champions area](#) on our website

Further details for both events and how to book a place will be issued



## Safeguarding Children Partnerships Information

The Local Safeguarding Children Partnerships newsletters can be accessed here;

[Hartlepool & Stockton-On-Tees Safeguarding Children Partnership Newsletter](#)

[South Tees Safeguarding Children Partnership Newsletter](#)

## Social Media and Website

We aim to share key messages from official sources via our social media channels as well as other communications.



@TeeswideSAB



@TeeswideSAB



[www.tsab.org.uk](http://www.tsab.org.uk)

## Find Support in Your Area

The Board's website also sets out relevant [support services](#) by type of abuse and by each individual Borough across Tees. If you think someone with care and support needs is neglecting themselves you can contact your [Local Authority](#) or for hoarding matters your Environmental Health Office for advice.

This list is not intended to be a definitive source of Information for all Service Providers.



## Your Comments

If you have any suggestions for future Newsletters:



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