

# THERE ARE MANY SIGNS OF ADULT ABUSE, DO YOU KNOW HOW TO RECOGNISE THEM?

## See it, report it!

If you suspect a neighbour, friend or family member is being neglected or abused, or you need help yourself.

### Call your local Adult Social Care team:

Hartlepool	01429 523 390
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Middlesbrough	01642 065 070
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Redcar & Cleveland	01642 771 500
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Stockton-on-Tees	01642 527 764
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Evenings & Weekends	01642 524 552
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**Call Cleveland Police 101 or  
999 in an emergency**

[www.tsab.org.uk](http://www.tsab.org.uk)

visit our website

