



**Could you recognise
the signs of**

SELF-NEGLECT?

Self-Neglect is when someone:

- Neglects their personal hygiene
- Neglects to care for their own health (this can include drug and alcohol dependency or not taking medication as prescribed)
- Neglects to care for their own surroundings
- Hoards (to the point it affects day to day functioning)

For more info visit:
www.tsab.org.uk

